

Upcoming Events

12 February

HSC High Achievers Assembly Class of 2024

Year 11
Information
Evening

**10 March**Secondary
School Photos

11 March
Primary &
Sibling Photos

# St Euphemia College

School Newsletter Term 1 Week 2

## **Principal's Report**



To enhance student learning outcomes through the implementation of diverse learning strategies and differentiated teaching practices.

The College staff have begun the year working hard in setting learning goals for our students. We understand that every student learns differently. This year, our teaching goal is to focus on knowing how each child learns and to implement diverse learning strategies through differentiated teaching practices. By tailoring lessons to individual needs, our goal is to give every student the opportunity to thrive. Differentiation allows students to engage with content at their own pace, receive the right level of challenge, and build confidence in their abilities. This approach will not only enhance student learning outcomes but also foster resilience and independence—key qualities we witnessed at camp and hope to continue nurturing throughout every child's school journey.

#### Year 7 Camp

Yesterday I had the absolute pleasure of attending the Year 7 Camp and spend some time with our newest Secondary School students and their Peer Support Leaders. It was a wonderful opportunity to witness firsthand the growth, teamwork and resilience of our students as they navigated an exciting array of activities designed to build their confidence and sense of independence.

The Year 7 Camp experience is more than just a few days away from home; it is a vital step in shaping our students into confident, independent learners who understand the power of teamwork and perseverance. As they return to school, we hope they carry these lessons with them, embracing every new challenge with the same determination and spirit they showed at camp. Without the distractions of devices and internet, our young learners engaged fully with each other, forming strong bonds and developing essential social skills. From problem-solving tasks to adventure challenges, every activity required collaboration, communication and mutual support.



A special thank you to our incredible Year 11 Peer Support Leaders, who played an essential role in guiding and mentoring our Year 7 students. Their leadership and encouragement helped foster a sense of belonging and reassurance, making the transition to secondary school smoother.

#### **Taverna Night**

Our P&F have been working hard on the first social event of the year – the College Taverna Night. It will be a relaxed evening filled with good food and great entertainment. I encourage all our families to join us on Saturday 22 February for a great night.

**Penny Pachos** 

## **Deputy Principal's Report**



"We are what we repeatedly do. Excellence, then, is not an act, but a habit." - Aristotle

We well and truly have begun our new academic year at St Euphemia College, and our students have stepped courageously into a year of fresh opportunities, exciting challenges, and inspiring goals with smiles on their faces and a spring in their step!

This time of year, is more than just a return to familiar routines—uniform wearing, homework, lunchboxes and water bottles. it's a chance to aim high, grow in confidence, and build a strong foundation for future success.

#### **Easing into the School Routine with Purpose**

After a well-deserved break, settling back into school life takes some adjustment. At St Euphemia College, we encourage students to embrace our academic structure while also making time for personal wellbeing and spirituality. Striving for excellence means maintaining a balanced routine—one that includes focused study, extracurricular activities, and moments for rest and reflection.



We recognise that success in school is a team effort, and a strong partnership between our students, teachers, and parents plays a vital role in each child's development. This year we are committed to partnering with you to create a positive and nurturing environment that empowers every student to thrive. We want our students to feel the joy of learning in community and as the saying goes; 'it takes a village to raise a child', so too our School community is an extension of your child's family.

We know that sometimes navigating friendship issues or feeling overwhelmed can be a very common experience for adolescents. Our students have a variety of staff they can turn to for guidance every day and we encourage them to seek us out in this flow.

In the Secondary School please email your **Homeroom teachers** for general support and guidance. **Year Advisors** – for wellbeing and pastoral care. Our Year Advisors for 2025 are:

| Year 7  | Mr Steve Prevezanos <u>sprevezanos@stuphemia.nsw.edu.au</u>   |  |  |
|---------|---|--|--|
| Year 8  | Ms Pertsoulis <u>dpertsoulis@steuphemia.nsw.edu.au</u> and Ms Radivojevic <u>vradivojevic@steuphemia.nsw.edu.au</u>                             |  |  |
| Year 9  | Ms McCormack <a href="mailto:rmccormack@steuphemia.nsw.edu.au">rmccormack@steuphemia.nsw.edu.au</a> and Ms Zeidan azeidan@steuphemia.nsw.edu.au |  |  |
| Year 10 | Ms Prevazanos <u>aprevezanos@steuphemia.nsw.edu.au</u>  |  |  |
| Year 11 | Ms Ryan atonkin@steuphemia.nsw.edu.au   |  |  |
| Year 12 | Mr Koutsoukis jkoutsoukis@steuphemia.nsw.edu.au   |  |  |

In the Primary School, please email your class teacher. If you require further support or guidance, our Deans are:

| Dean PreK – Year 2   | Mrs Maria Dinoris <u>mdinoris@steuphemia.nsw.edu.au</u> |
|----------------------|---|
| Dean Year 3 – Year 6 | Ms Gina Stamos <u>gstamos@steuphemia.nsw.edu.au</u>     |

If your child requires emotional or mental health support, our **College Counsellors** are available. Ms Rachel Richardson <u>rrichardson@steuphemia.nsw.edu.au</u> Ms Rebecca Kozman <u>Rebecca.Kozman@steuphemia.nsw.edu.au</u>

Our **Front Office Staff** may be contacted for administrative help and general inquiries with handing in notes, lockers and so on. They can be contacted at <a href="mailto:office@steuphemia.nsw.edu.au">office@steuphemia.nsw.edu.au</a>



## **Director of Primary**



The first day of school is always filled with excitement, new beginnings, and anticipation for the year ahead. On Wednesday we welcomed our newest learners as Kindergarten had their first day of school. A warm welcome to all our new families joining the St Euphemia community!

As we welcomed our Primary School students back, I shared a little secret about our College Chaplain, Fr. Peter Mavrommatis—he has a special gift. At any moment, if you ask him how many days are left until the holidays, he'll know the answer instantly.

Just the other day, he said, "Mr. Panayotopoulos, there are exactly 50 school days until the next holidays." That got me thinking—is 50 days a long time or a short time?

What can we accomplish in that time? Allow me to share, incredible feats can happen in just 50 days or less: Apollo 11 traveled to the Moon and back in under 10 days. A sunflower can grow over a meter tall. A bee completes its entire life cycle in 40 days, producing a single spoon of honey. With that in mind, I challenged our students: What will YOU achieve in 50 days? That's 50 chances to learn, grow, and try something new.

Will you master a skill? Improve your reading? Show kindness every day? Work hard toward something you never thought possible? Whatever goals our students set, our dedicated teachers are here to support them every step of the way.

I encourage you to continue this conversation at home. Ask your child: What do you want to accomplish in the next 50 days? How can we support you in reaching your goal?

#### **Permission Notes**

There are several permission notes have been emailed home this week. Please read, sign, and return them electronically or as a printed copy to your child's teacher as soon as possible so that we my begin our activities and plan events.

Wishing all our families a wonderful and productive term ahead.

Matthew Panayotopoulos



### Click here for Parish Calendar

## College Chaplain's Message

The 9th of February this year marks the beginning of the liturgical period known as Triodion. This period, which encompasses four Sundays, is a period of preparation for Holy and Great Lent, a time for Orthodox Christians to draw closer to God through worship, prayer, fasting, and acts of charity. It is also on this day that the Triodion is introduced, a liturgical book that contains the services from this Sunday, the tenth before Pascha (Easter), to Great and Holy Saturday.

The name for this Sunday is taken from the parable of our Lord Jesus Christ found in Luke 18:10-14. This is the story of two men, one a pharisee, a member of a Jewish sect known for its diligent observance of the Law, and the other a publican, a government official charged with the responsibility of collecting taxes. The pharisees had a good reputation among the people as they visibly observed the outward requirements of the Law, while publicans had a bad reputation as they often collected more than what was required and kept it for themselves.

Both men enter the temple, and the Pharisee stands openly and prays, thanking God that he is not like other men, specifically extortioners, the unjust, adulterers, "or even this tax collector" (v. 11). He then begins to list his religious accomplishments by stating, "I fast twice a week, and I give tithes of all that I possess" (v. 12).

In direct contrast to the pride of the Pharisee, the Publican stays near the back of the temple, a place where he will not be noticed by others, and beats his breast saying, "God, be merciful to me a sinner!" (v. 13).

Having told this story, Jesus affirms that it was the Publican who returned home justified and forgiven rather than the Pharisee. He states, "everyone who exalts himself will be humbled, and he who humbles himself will be exalted" (v. 14).

The themes of this parable are repentance and humility. Repentance is the door through which we enter Lent, the starting point of the journey to Pascha. To repent signifies far more than self-pity or futile regret over things done in the past. The term metanoia means "change of mind." To repent is to be renewed, to be transformed in our inward viewpoint, to attain a fresh way of looking at our relationship with God and with others. The fault of the Pharisee is that he has no desire to explore the depths of his own heart and soul, and change his outlook; he is complacent, self-satisfied, self-justified and so he allows no place for God to act within him. He is a man that is pleased only with himself, and who thinks that he has complied with all of the requirements of religion because he has followed some external requirements. But in his pride, he has falsified the meaning of true religion and faith. He has reduced these to external observations, measuring his piety by the amount of money he gives and the food that he eats.

The Publican, on the other hand, truly longs for a "change of mind." He humbles himself, and his humility justifies him before God. He becomes, in the words of the Sermon on the Mount (Matt 5:3), "poor in spirit." He acknowledges that he is a sinner, and he knows that salvation is only found in the mercy of God. Here we find an example of true humility, an essential aspect of repentance. A "change of mind" and the transformation of our lives can only happen when we humble ourselves before God, examine our selves in order to identify any failings, acknowledge our willingness to turn from sin, and receive His grace into our lives.

Our preparation for Lent thus begins with a prayer for humility, the beginning of true repentance. Through repentance, we can find and return to the true order of things, a restoration of our spiritual vision that will guide us in a very difficult and challenging world. By entering Great Lent in humility and repentance, we can attain deeper communion with God as we receive His forgiveness and He blesses by guiding us to greater spiritual heights.

The week that follows the Sunday of the Publican and Pharisee is designated by the Church as a non-fasting week. All foods are allowed on every day of the week, including Wednesday and Friday. This dispensation from fasting is offered as a way of reminding us that our abstinence from certain foods and observance of some laws are not virtues in and of themselves. It is not enough to adhere to the rubrics. We need to combine them with love, repentance and humility before we can meet Christ. It is His Grace that saves us and gives meaning to the observance of the Law.



# **Secondary School Sports News**

Welcome back to another exciting year of sports at St Euphemia College. We are thrilled to kick off the new year with a host of thrilling sporting challenges, competitions, and opportunities to showcase sportsmanship.

#### **Tuesday Sport**

Tuesday sport commenced on 4 February. Electronic permission notes have been emailed to parents. Please sign and return these to the Office so that students may participate at the various venues with their sports teams.

#### **SWISSA Basketball Competition Teams**

Last week, we held our Basketball Trials for the SWISSA Competition.

Congratulations to the following students for their selection in the SWISSA Basketball Competition teams:

| Senior Boys             | Junior Boys        | Senior Girls        | Junior Girls             |
|-------------------------|--------------------|---------------------|--------------------------|
| Prodromos Mavropoulos   | Dean Dinoris       | Mila Drageljevic    | Milica Cvetkovic         |
| Konstantinos Apostolou  | Ibrahim Karborani  | Djurdja Marinovic   | Eleni Zouriakas          |
| Athan Makris            | Steven Tsoutsouras | Lara Gladanac       | Mila Marinkovic          |
| Anthony Zacharias       | George Benjamin    | Jovana Zekanovic    | Maria Joannou            |
| Michael Kydoniefs       | Johnny Makrypodis  |                     | Iviaria Joanniou         |
| Petar Prodanovic        | Mateja Maljkovic   | Simona Vuckovic     | Matia Musumeci           |
| Daniel Ypermachou       | Anastasios Sinanis | Mariah Steliou      | Elena Glavas             |
| Antoniou Nicolaou       | Marko Tespa        | Tiana Vidic         | Aikaterina Antoniou      |
| Strahinja Trazivuk      |                    | Marissa Sentas      | Chrysovalandou Condoleon |
| Jovan Vidic             |                    | Georgia Lathourakis | Demetra Galiotos         |
|                         |                    | Michaela Pavlidis   |                          |
| Uncomina Games February | <i>y</i> 11.       | Jana Malijkovic     |                          |

#### **Upcoming Games February 11.**

| Senior Girls | Vs | International Maarif School Australia |
|--------------|----|---------------------------------------|
| Junior Girls | Vs | International Maarif School Australia |
| Senior Boys  | Vs | International Maarif School Australia |
| Junior Bovs  | Vs | BYE for training                      |

#### **Year 7 Learn to Swim**

During Term 1, our Year 7 students will participate in the mandatory Learn to Swim Program as part of the PDHPE curriculum. Due to venue restrictions, Year 7 will be attending Bowling on February 11th and 25th.

Looking forward to a fantastic year of sports!

Ms. Edhouse Sports Coordinator



#### **School Photos**

School photography day is coming up soon. Group and portrait photographs can be purchased by following the link below. If you prefer to order using an envelope please visit your school office, collect an order envelope and hand your payment to our photographer on school photo day.

#### Two easy ways to purchase:

Visa, MasterCard or PayPal

Cash – complete the envelope supplied and return it to our photographer on photo day Order school photos here

Or visit: www.advancedlife.com.au

And enter online order code: 4B5 WFH CW7

#### **School photography information:**

**Online orders** - do not require an envelope returned to your school

**Sibling Photos** - Don't forget to pre-order your sibling photos online up to 24 hours before photo day. We provide your school with a list of sibling orders right up to the day of photography, so no one misses out. If you miss the online order deadline, you can submit a completed sibling order envelope first thing in the morning of the day of photography, so your school is aware you want the photo taken and can bring your children together in time for it. Sibling photographs only apply to children enrolled at your school. Please note not all schools offer sibling photos.

**Late fees** - a late fee will be applied to each package purchased after photo day due to the additional cost of producing these packages separately.

**Package delivery** - School photographs will be returned approximately 6 weeks after the day of photography. Please note this delivery timeframe is dependent on proofing and additional photography days at your school.

**Previous Years' photos** - Past years' photographs including sports, co-curricular and representative groups are also available to order under the "previous years or group photo" tabs at your school's advancedorder site when you click on the "Order School Photos Here" button above. You can also order past packages, portrait images and gifts from your child's unique, individual and secure advancedyou image archive site using the unique 9 digit image code found on packages you have ordered in the past.





## **Canteen**

#### **Pre-Order Your Meals!**

To place your meal order, please submit it by **9:30 am** at the Canteen or contact **Gabby** directly on **M: 0413 287 833**.

For Canteen account credit, kindly include the following details: Child/ren's name(s) and class

**BSB:** 062-692

Account Number: 43453831

# BREAKFAST

| Pancakes                | \$3.00 |
|-------------------------|--------|
| Cheese Toast            | \$3.00 |
| Cheese & Tomato Toast   | \$3.50 |
| Ham cheese Toast        | \$4.00 |
| Ham cheese tomato Toast | \$4.50 |
| Beef Rashers & Egg roll | \$6.00 |
| Bacon & Egg Roll        | \$6.00 |
| Oven cooked Hash browns | \$2.00 |

## **HOT SNACKS**

| Sausage Sizzle        | \$6.00 |
|-----------------------|--------|
| Oven bake Wedges      | \$5.00 |
| Homemade Cheese Pizza | \$5.00 |
| Souvlaki Roll         | \$7.00 |
| Pizza Pockets         | \$5.00 |
| Open Grill            | \$3.00 |
| Cheese puffs          | \$1.00 |
| Garlic bread          | \$1.50 |
| Cheesy Garlic bread   | \$2.00 |

## **KATERERS4KANTEENS**

# **WRAPS**



| r | 1/ | 4 | L | r |  |
|---|----|---|---|---|--|
|   |    |   |   |   |  |
|   |    |   |   |   |  |
|   |    |   |   |   |  |

| Chicken schnitzel W. Tabouli     |        |        |
|----------------------------------|--------|--------|
| Coleslaw or Lettuce & mayonnaise | \$5.00 | \$8.00 |
| Falafel with tabouli & hummus    | \$5.00 | \$8.00 |
| Variety cold meats with salad    | \$5.00 | \$8.00 |
| Salad & Avocado                  | \$5.00 | \$8.00 |
|                                  |        |        |

#### **SANDWICHES**

| Egg with salad                | \$5.00 |
|-------------------------------|--------|
| Variety cold meats with Salad | \$5.00 |
| Salad sandwich                | \$5.00 |
| Schnitzel lettuce mayo        | \$6.00 |
| Turkey lettuce Mayo           | \$5.00 |
| SALADS                        |        |
| Tabouli                       | \$7.00 |
| Pesto Pasta                   | \$7.00 |
| Greek or Garden               | \$7.00 |
| Fruit salad                   | \$6.00 |
| Homemade Rice pudding         | \$4.00 |
|                               |        |

## **DRINKS**

| Soft drink  | ks zero (cans)      | \$3.00 |
|-------------|---------------------|--------|
| Glee        |                     | \$3.00 |
| Water       |                     | \$3.00 |
| Aloe Vera   | a 490 ml            | \$5.00 |
| Ice Tea     | 500ml               | \$5.00 |
| Flavoure    | d milk 300ml        | \$3.50 |
| Flavoure    | d milk 500ml        | \$5.00 |
| Milk Shake  |                     | \$5.00 |
| Chocolate/S | trawberry/Vanilla/B | anana  |

| Chocolate/Strawberry/Vanilla/Banana |        |        |  |  |
|-------------------------------------|--------|--------|--|--|
| HOT MEAL                            | HALF   |        |  |  |
| Napolitana Pasta                    | \$5.00 | \$6.00 |  |  |
| Curry Chicken & Rice                | \$5.00 | \$8.00 |  |  |
| Butter chicken and Rice             | \$5.00 | \$8.00 |  |  |
| Spicy chicken & Rice                | \$5.00 | \$8.00 |  |  |
| Fettuccine pasta                    | \$5.00 | \$7.00 |  |  |
| Noodles w' veggies                  | \$5.00 | \$7.00 |  |  |
| Spaghetti Bolognese                 | \$5.00 | \$7.00 |  |  |
| Fried Rice & Wings                  | \$5.00 | \$8.00 |  |  |
| Nachos with Beef Mince              | \$5.00 | \$8.00 |  |  |
| Chilli 🌙 Chook Rolls                | \$5.00 | \$8.00 |  |  |
| Burgers – Chicken ,Beef             |        | \$8.00 |  |  |





A friendly reminder to book your tickets for our upcoming Taverna night on the **Saturday 22nd February.** 

Please note: Tickets will NOT be available at the door and need to be pre-purchased by **14 February**, this is a ticket event only.

We invite you to attend our **P&F meetings** on the first **Wednesday** of every month at **7:30 pm** in the Primary Library. It's a great chance to get involved and support our school community.

P & F Executive Team



#### Extend After School Care

Families who rely on childcare aren't always aware of how much they could be saving with the Child Care Subsidy (CCS) Scheme.

Some families believe they aren't eligible to receive CCS at all.

It may be surprising to hear that 17.22% of Extend families have not applied for CCS. We know these families will be eligible.

Extend is committed to making sure families get the best price on their childcare fees with the Child Care Subsidy scheme.

#### That's why we've created the first short video in a series all about Child Care Subsidy!

In this first video, Chief Commerical Officer Kim Fenton answers the commonly asked questions about CCS, such as eligibility, how it's calculated, and how to apply.

This video is being shared with all of your Extend enrolled families, to inform parents how they can make a difference in their childcare fees.



# EXTEND IS COMMENCING AFTER SCHOOL CARE AT ST EUPHEMIA COLLEGE!

We look forward to welcoming your children with engaging and educational activities, delicious health-focused afternoon tea, and a caring environment with professionally trained and experienced Educators while you work or study. We are here for you.

The first day of service is Tuesday 15 October, in Term 4.

#### OPERATING DAYS, HOURS AND FEES

The service will run Monday to Friday.

| Session Times     | Fee Before CCS | Out of Pocket             |
|-------------------|----------------|---------------------------|
| 3:15 PM - 6:00 PM | \$31.25        | Pay from \$3.12 after CCS |

#### HOW TO ENROL (FOR FREE) AND BOOK SESSIONS

- 1. Visit extend.com.au and click "Book Your Sessions" in the top right of the page.
- 2. This will take you to our booking platform; LookedAfter. Click "Log in/Enrol".
- 3. Create your account and verify via email (check your junk if verification email not found)
- 4. Once logged in, enrol your children and book your sessions in minutes!

SCAN THE OR CODE AND **BOOK WITH EXTEND TODAY!** 







#### **Key Dates**

- **31 January -** School begins All Year 1-12 Students
- **31 January -** Blessing for New School Year (Blazer Required)
- **3 February Preparatory School commences**
- **4 February** Kindergarten Assessments
- **5 February -** Kindergarten commences
- **5 7 February -** Year 7 Camp
- **12 February** High Achievers Assembly 'HSC Class of 2024' Year 11 Information Evening
- **18 February** Archbishop 2024 HSC Awards Presentation Ceremony
- 19 February Year 7 10 Information Evening
- **20 February** Year 3 6 Swimming Carnival
- **22 February -** St Euphemia Taverna Night
- **24 February** Years 4 & 6 Introductory Parent/Teacher Meetings
- **25 February** Years 3 & 5 Introductory Parent/Teacher Meetings
- **26 February -** Years K-2 Introductory Parent/Teacher Meetings
- **28 February** Secondary School Swimming Carnival (compulsory)
- **5 March** 7 March Year 9 Camp 7 March Term 1 Fees Due
- **10 March** Senior School Photos (Summer Uniform Blazer Required)
- **11 March Primary School Photos and Siblings**
- **12 March** 24 March NAPLAN Testing (Year 3, 5, 7 and 9 Timetable to Follow)
- **21 March** Harmony Day (Primary School)
- 23 March Greek Independence Day March
- **25 March** Annunciation of Our Most Holy Theotokos School Closed
- **31 March** Year 3 6 Combined Greek Orthodox Swimming Carnival
- **2 April** Year 11 and 12 Parent Teacher Interviews
- 8 April Primary School Parent Teacher Interviews
- **11 April -** Term 1 Ends for Students